



**MOUNTAIN ADVENTURE
SCHOOL**
SUMMARY SHEET 2017

PROGRAM SUMMARY – MAS 299

Offered Jointly by: HeLa Ventures and Progressive Academy

Location: HeLa Ventures Field School, located 24 km. West of Rocky Mountain House

DATES (choose one of):

Session 1: July 1 – July 14, 2017

Session 3: August 1 – August 14, 2017

Session 4: August 18 – 31, 2017

Departure: 9:00 AM on Day 1 from Progressive Academy (13212 106 Ave NW, Edmonton)

Arrival home time: 2:00 PM on Day 14 to Progressive Academy

Transportation: Transportation will be provided by yellow school bus for the duration of the program.

HeLa Staff: Lana Ohler-Madsen, Travis Hollands, additional guides and support staff.

Progressive Academy Teachers: Brett Pawlyk, Shawn Andersen

Emergency Contact Information: Camp Phone: (403) 845-4325; Lana: (780) 932-4820; Edmonton office: (780) 468-1492

Email: mas@progressiveacademy.ca

Fee: \$885.00

Special dietary requirements (gluten-free, lactose-free, vegan etc.): \$140.00 per student. No surcharge for vegetarian or nut free diets.

The fee includes: meals, accommodations, curriculum instruction and supplies, guiding, equipment, and transportation

Note: This program only accepts 2 students per session. Interested students must contact mas@progressiveacademy.ca to arrange for an application and interview. Please include **MAS 299 Application** in the subject heading of your email.

MAS 299

GOAL: The goal of the fourteen day program is to provide students with the opportunity to experientially meet curriculum objectives for **Communications CTS** module options utilising outdoor pursuit activities as the medium for the experience. Students will continue to develop their outdoor skills while documenting the experiences of a Mountain Adventure School session in digital form.

SPECIFIC OBJECTIVES:

Over the course of fourteen days the students will have the opportunity to:

1. study photography and videography theory and put this knowledge into practice by shooting photos and videos during the daily experiences of MAS 101 students. Each day students will debrief and edit their photos and videos with a Mountain Adventure School teacher.
2. develop skills to edit photos in Adobe Photoshop, iPhoto and iMovie;
3. become competent in producing amateur photography and videography;
4. develop skills and experience of photography in a wilderness context;
5. experience the joy of outdoor and action photography;
6. participate in this foundational experience that will allow a student to gain skill and experience working in real situations. Like any art, students with a “knack” and motivation for the activity may develop into professionals.

Brief Overview of Activities:

Day 1:	Lake Canoeing
Day 2:	Onsite classroom sessions
Day 3:	River Day – Blue Bridge – Brierley’s
Day 4:	Onsite
Day 5:	Rappel/Hike
Day 6:	Onsite
Day 7:	Climb/Hike
Day 8:	Down Day (laundry, packing for out-trip, social)
Day 9 – 11:	Out-trip. This river trip will consist of a 3-day river excursion on the North Saskatchewan River, starting in the heart of the Rocky Mountains and ending in the foothills.
Day 12:	Onsite/Biking
Day 13:	Full Day Ridge Hike, Evaluations and Debrief
Day 14:	Breakfast, packing, final good-byes and departure

PLEASE NOTE: The times indicated on the schedule are tentative. During the program, we will be on a flexible schedule in order to meet the needs of the group. For safety reasons, we reserve the right to alter the schedule and activities should the weather or river conditions present any threat to a safe, enjoyable trip for the students.

Curriculum Covered and Credits:

1. COM 1005: Visual Composition (1 credit)
2. COM 1025: Typography (1 credit)
3. COM 1205: Photography – Introduction (1 credit)
4. COM 1145: Animation (1 credit)
5. COM 1215: Photography – Exposure (1 credit)
6. COM 2205: Photography – Composition (1 credit)
7. COM 2245: Photography – Outdoor (1 credit)
8. COM 1105: Audio/Video (1 credit)
9. COM 2105: AV Preproduction (1 credit)
10. COM 2115: AV Production (1 credit)
11. COM 2125: AV Postproduction (1 credit)

In addition to the credit objectives completed in the above courses, the program will focus on teaching safety skills in the outdoors, and No Trace Camping principles.

Equipment: All group equipment will be supplied by HeLa Ventures. Students will be provided with a packing list outlining personal equipment to bring. Tents for the river trip will be supplied. Due to space issues at the campsites, the tents will be shared with other students (gender specific).

Teaching Staff: The program will be taught by certified Alberta teachers.

Safety Policies: All programs are delivered with safety as the first priority and are led by highly trained and certified guides. A copy of our safety policies may be provided upon request. Please contact mas@progressiveacademy.ca, and we will send a copy electronically. Please feel free to contact our Director, Lana Ohler-Madsen at any time with questions or concerns.

Assumption of Risk and Medical Forms: In order to participate in the program, we require that a parent/guardian of each participant completes the Assumption of Risk form and completes the medical information component of the registration form. The completed forms should be returned to Progressive Academy by mail or email by June 15 for Session 1, or July 15 for Session 3 and 4. If there are any medical or dietary issues we should be aware of in advance, please contact Lana by phone or email (see below).

Parent Information Presentation: Parent information sessions will be held at Progressive Academy and in Calgary in mid-June. Details regarding the session will be emailed to registrants in early May.

Thank you for your interest in the Mountain Adventure School. Through this experience we know that participants will learn a lot, have tons of fun, and make lasting memories and friendships!

Please feel free to contact us at any time for further information. For registration, fees and document inquiries please contact Progressive Academy mas@progressiveacademy.ca or (780) 455-8344. For information on the programs, medical and dietary issues, safety and accreditation, please contact Lana (see below).

Sincerely

The MAS Team c/o Lana Ohler-Madsen
Director, HeLa Ventures Ltd.
780-468-1492 (office)
780-932-4820 (cell)

